

COLLEGE STUDENTS & CORONAVIRUS:

A Rising Mental Health Crisis



Even before the coronavirus pandemic, student mental health was a pressing issue for higher education institutions.



27% of surveyed Gen Z young adults reported their mental health was fair or poor, significantly higher than all other generations.

54% of students said they received help through their campus psychological or mental health services.



80% of surveyed college and university presidents reported that student mental health has become more of a priority on campus than it was three years ago.

The coronavirus outbreak means mental health resources will be in even higher demand.



81% of full-time college and university students said they're facing financial difficulties due to the pandemic.



93% of young adults say they've been impacted by COVID-19.



75% of surveyed college students reported higher levels of anxiety, depression and stress since the outbreak.

86% of surveyed students said they view their college or university as a trusted source of information and guidance regarding the outbreak.

70% of students said how a school addresses the coronavirus pandemic will affect their decision to enroll next year.



41% of surveyed college presidents said they're concerned about the mental health of their students.



But only 35% of surveyed presidents said their institutions plan to invest more in mental health services because of the coronavirus outbreak.



How can you provide mental health assistance to students when it's most important?

Learn strategies to help you support your students, both on and off campus.

[WATCH THE VIDEO](#)

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MOBILE SAFETY