

AFTER COVID: Mental Health + Your School Community



Students, teachers, staff, principals and superintendents will be returning to campus full time this fall.

Mental health and safety concerns have risen as school communities begin another stage of normalcy during the COVID-19 pandemic.

52%

of adults are extremely or very concerned about K-12 student mental health.

57%

are extremely or very concerned about a mental health crisis at school.

The true impact of the pandemic on students, teachers, staff and others won't likely be known for years. Yet there are some initial reports about the pandemic's effect on their mental health.

Over
60%

of children ages 7 to 15 had clinically significant symptoms of **anxiety and depression**.

57%

of teachers said **burnout** was a major concern for them.

46%

of parents of teens saw signs of a new or **worsening mental health** condition in their children.

Discover best practices and resources to help your school community when it matters most.

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